

102 - BALERIA CAMPUS TOOLKIT



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**Deutsche
Sporthochschule Köln**
German Sport University Cologne



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Greece



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Educational activities - Description

The «Present Activity»

Activity

Facilitators interact with the participants asking them to choose between two present bags; the first should be a good looking one filled with rubbish paper and the second one should be in a bad condition but filled with sweets and candies. After the participants discover the content of the two bags, facilitators ask them to have a second look to the presents and always give a second chance to the interior and not to the external appearance.

Objectives

- The activity aims to promote the social inclusion of persons with disabilities.
- Highlight the importance of giving a second chance to what is inside someone and not rejecting him because of his physical appearance-disability

Participants

- 50 participants
- 10-12 years old

Target Groups

Persons with disabilities

**the following pictures have been collected and provided by project partners in compliance with EU Regulation 2016/679-GDPR*



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Educational activities - The process

The «Present Activity»



The participants are asked to choose between two present bags: the first one good looking and filled with rubbish paper, the second one in a bad condition but filled with sweets and candies



When the rubbish will be revealed an exclamation of disappointment will be heard...



...but soon when the sweets will appear the happiness will be spread across participants. Now is the proper time to ask them to have a second look to the presents and always give a second chance to the interior and not to the external appearance.



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Educational activities - Description

The Medals

Activity

After a brief presentation and conversation related to issues of disability and topics like Respect/Sport for All/ Acceptance of Diversity, participants are asked to paint and create the medals of a mixed population (e.g. disabled & non-disabled students) sport event. The results are collected and transformed into pins/medals

Objectives

- To create the prizes of the upcoming game day.
- Promote social inclusion of persons with disabilities and give the chance to the students to think about the topics of Respect/ Sport for All/ Acceptance of Diversity and paint the game day medals using their imagination

Participants

- 50 participants
- 10-12 years old

Target Groups

Persons with disabilities

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Educational activities - The process

The Medals



After a short conversation they are asked to paint and create the medals of a mixed population (e.g. disabled & non-disabled students) sport event



The Arts teacher collects the paintings and the project facilitator is in charge to transform the paintings into pins/medals.

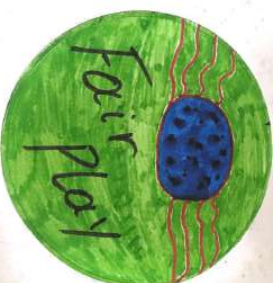
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Educational activities - Visual output

The Medals





Greece

educational activities description

The Puzzle of Values

Activity

Different puzzle pieces are placed on the floor with the words hidden; students are asked to think words related to the set topic (Respect/Ability/Diversity/Fair Play) Once the music plays, the two mixed groups are looking to find their couple puzzle person and shape the wright words; once they find their couple should go at the finish line to stand were the other "words" are standing

Objectives

- Promotion of the social inclusion of persons with disabilities.
- Gives the chance to the students to think about the topics of Respect/ Sport for All/ Acceptance of Diversity

Participants

- 50 participants
- 10-12 years old

Target Groups

Persons with disabilities

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educational activities the process

The Puzzle of Values



All pieces should be placed on the floor with the words hidden. The top surface must be the same for all pieces



The students are asked to things words related to the set topic (Respect/Ability/Diversity/Fair Play)

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Educational activities - The process

The Puzzle of Values



Once the music plays, the two mixed groups are looking to find their couple puzzle person and shape the wright words.

Once they find their couple should go at the finish line to stand were the other "words" are standing.

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Educational activities - Visual output

The Puzzle of Values





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Educational activities - Description

The Baleria

House of Solidarity

Activity

The participants are stimulated by the facilitator to paint the house and reflect on it concepts like Respect/Sport for All/ Acceptance of Diversity/ Solidarity

Objectives

- To create a space for collecting the toys and books for children in need.
- To give the chance to children to interact by painting a 3D house which will host the solidarity material.
- To convert the abstract concept of Solidarity in a visualized place

Participants

- It is an open event so the more people attracted the better it is.
- 4-12 years old

Target Groups

Children in need

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Educational activities - The process

The Baleria House of Solidarity



The participants at beginning of the activity should be stimulated by the facilitator to paint the house and reflect on it concepts like Respect/Sport for All/ Acceptance of Diversity/ Solidarity



Soon more and more children are attracted by the activity and spontaneously asking what is going on with the house and potentially they want to paint the house

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Educational activities - visual output

The Baleria House of Solidarity





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Educational activities - Description

The

Pyramid of Healthy Eating Habits

Activity

After a brief presentation and conversation related to their eating habits, participants are introduced to the structure of the Pyramid and they are asked to place on it their food options and modify them until they reach an appropriate model Pyramid

Objectives

- Raise awareness regarding healthy eating habits among students
- To convert the abstract concept of healthy eating habits into a visualized interactive game

Participants

- It is an open event so the more people attracted the better it is.
- 4-12 years old

Target Groups

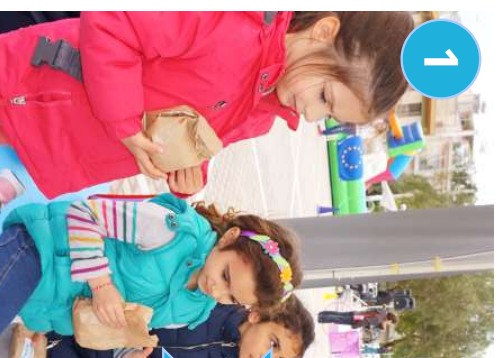
Children regardless age or ability



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Educational activities - The process

The Pyramid of Healthy Eating Habits



The participants at beginning of the activity should be stimulated by the facilitator who asks them questions like what is your preferable meal, or if you could choose what would be your daily favourite meal, how many times per week do you consume red meat or poultry etc.



The facilitator explains the structure of the Pyramid and familiarizes the students with the images and their function on the Pyramid

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Educational activities - the process

The Pyramid of Healthy Eating Habits



Soon after the participants are asked to place on the "Pyramid" the food options according to their current beliefs or eating habits



If a significant deviation, from healthy eating habits, is observed the children are asked to revise their options until they come up with the appropriate model Pyramid of healthy eating habits

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Educational activities - Visual output

The Pyramid of Healthy Eating Habits





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Educational activities - Description

The Poster

Contest

Activity

After a brief presentation and conversation related to issues of disability and topics like Respect/Sport for All/ Acceptance of Diversity, participants are asked to individually or collectively paint and create the poster/invitation of a mixed population (e.g. disabled & non-disabled students) sport event

Objectives

- To create the invitation/poster of the upcoming game day.
- The activity aims to promote the social inclusion of persons with disabilities.
- Gives the chance to the students to think about the topics of Respect/ Sport for All/ Acceptance of Diversity and develop the game day poster/invitation using their imagination

Participants

- 50 participants
- 10-12 years old

Target Groups

Persons with disabilities

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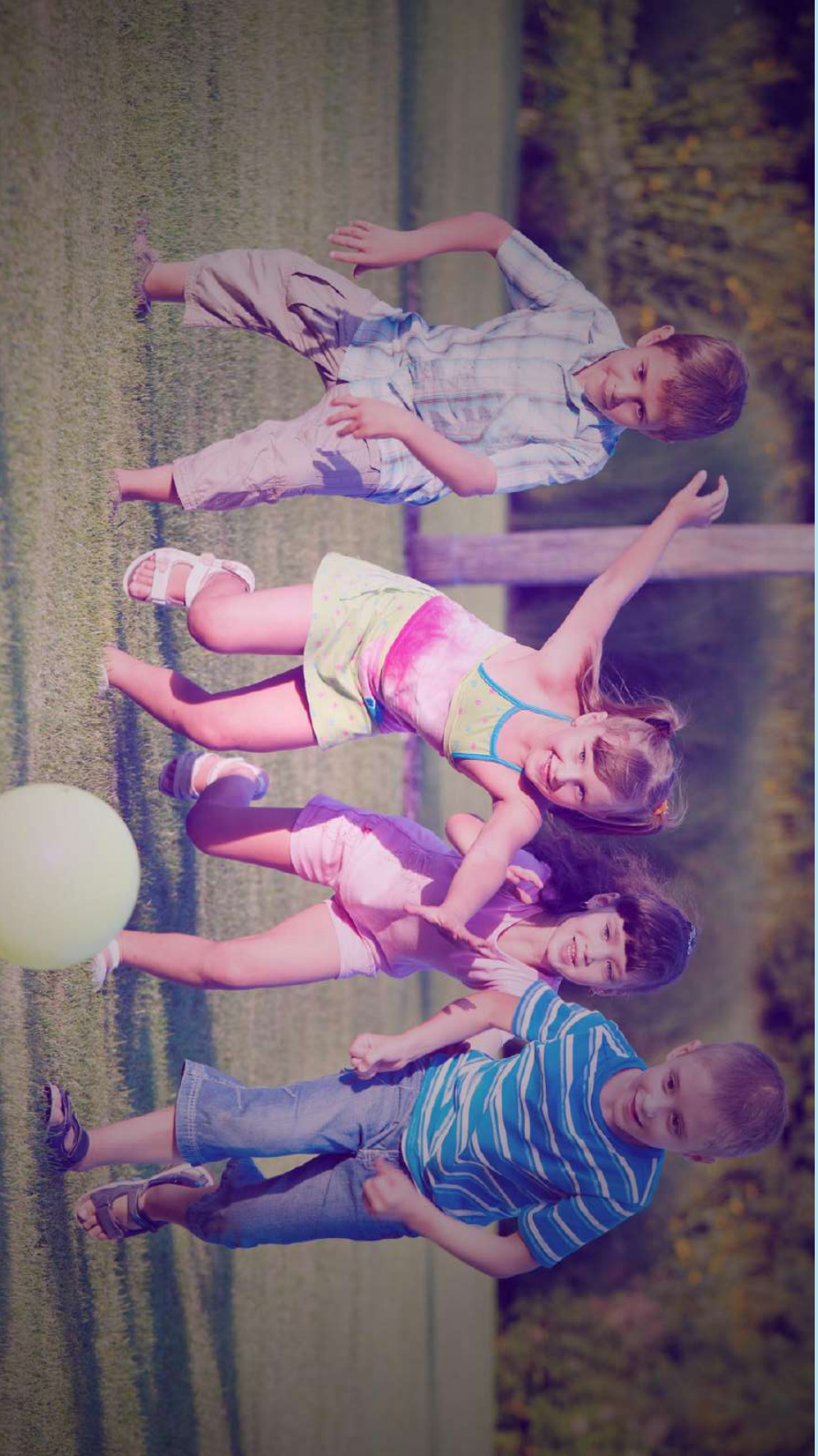


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Educational activities - Visual output

The Poster Contest





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